

N_Augie's Wolf Down Dog Food
Author Unknown

- 16-qt stew pot with cover enough [olive oil](#) to coat bottom of pot
- 5-6 lbs. ground beef
- 2 50-oz cans chicken broth
- 4 cups water
- 1 3-lb bag frozen green beans OR broccoli OR peas OR combination of all three veggies
- 1 3-lb bag brown rice

Dog Food Recipe Directions:

Brown ground beef in olive oil. When beef is cooked, add broth, water, and veggies. (Note that broth and water amount to just over a gallon of liquid; you can also just dump in a gallon jug of water and add a bunch of bouillon cubes.) Bring to a boil. Add brown rice, stir well, cover, and bring to a boil again. Reduce heat to low and simmer, covered, for 1 hour. Remove from heat and let cool overnight. Makes approximately 40-45 cups of food. Divide the yield into generous 2-cup portions and freeze most of it (it freezes well). Always have some thawed in the [fridge](#) and microwave it for a minute or so to get it to room temperature. Suggested serving is as follows:

Breakfast (adjust for size of pet)

1 portion (1/2 cup) Auggie's Wolfdown
1/2 cup high-quality all-natural kibble

Dinner (adjust for size of pet)

1 portion (1/2 cups) Auggie's Wolfdown
1/4 cup fresh shredded veggies
2-3 times a week: a little nonfat plain yogurt and an egg yolk